

VUKANI CYCLING CLUB PRESENTS AMASHOVA TOUR

TOUR DATES: 14 -18 OCTOBER 2015

Dear All

As you have noted from previous communication, Vukani will be hosting our very first tour. This is going to be a truly historic event that will indeed catapult this team to different heights. As part of the tour, we intend to undertake some charity work on the way so that we can bring smiles some to the needy "*IGNITING THE HUMAN SPIRIT*". Here is the full itinerary for the tour.

DATE	DISTANCE IN BETWEEN (KM)	ROUTE	DEPARTURE TIME	ARRIVAL TIME
2015-10-14		Depart Grey Owl Centre, N1 to N3 and stop at Villiers Engine Garage (TRAVELLING ON TWO COMBIES)	05:00 AM	06:15 AM
2015-10-14	184km	From Villiers to Clarens (Via R26) Frankfort , Bethlehem and Clarens	06:30 AM	14:00 PM
2015-10-15	167km	From Clarens to Winterton (Via R712 and R74)	06:00 AM	13:00 PM
2015-10-16	155km	From Winterton to Pietermaritzburg (Via R74 and R103)	06:00 AM	12:30 PM
2015-10-17	0	REST DAY		
2015-10-18	106	AMOSHOVA RACE (Pietermaritzburg to Durban)	6:00-7:00 AM	10H30 AM

ITINERARY

DAY 1: Villiers to Clarens – 184 km

The team will be bused in the morning from Pretoria and Johannesburg to Villiers and in Villiers the “fun” will start. The riders will jump into their bikes and hit the road nicely to Clarens via Frankfort and Bethlehem. We will have lunch at Nandos in Bethlehem. In Clarens, the team will check in at Golden Gate Highlands National Park.



DAY 2: Clarens to Winterton – 167 km

On Thursday, 15 October 2105, the team will have a nice breakfast in the morning at Golden Gate and thereafter continue with the journey to Winterton and the route is 167 km in total.

The team will check in at Winterton Country Lodge.



DAY 3: Winterton to Pietermaritzburg - 155 km

This day will be undulating until we reach Mooi River where we will have a lunch at Wimpy/Steers and thereafter it's fast freewheeling through Rosetta, Nottingham Road, Howick and through to Pietermaritzburg. In Howick, we will stop at the spot where Mandela was arrested and get a tour guide talk before we head to Pietermaritzburg for check in at Imperial Protea Hotel.



Day 4: Pietermaritzburg – Rest Day

The team will have a breakfast at Protea Hotel and this will be a rest day as the muscles will need this in preparation for the race on Sunday. The team will have a lunch and dinner in preparation for the race. Protea Hotel will be our home on this rest day.

Day 5: Pietermaritzburg to Durban – 100km (Amashova Race)

The team will have a breakfast in Protea Hotel before racing the Amashova Race from Pietermaritzburg to Durban. At the end of the race, the team will have a lunch together at Pavilion Shopping Centre in Durban before getting into the kombies heading back to Gauteng.

NOTES

- Snacks and lunch on the road will be provided as well as breakfast each morning (this is included in the cost of the package).

- Dinner will be at a local restaurant capped at R100.00 per person and this also included in the cost.
- There will be 2 support mini buses.
- Each rider is responsible for his own Amashova Cycle Tour Entry.
- Each rider must bring his own gels, special drinks / supplements and spares (tubes).
- Each rider shall sign an indemnity form before the commencement of the tour.

COST

- The cost is **R4, 500 per person** for the tour payable as follows:
 - ✓ a deposit of R1,500 (non-refundable) payable by 30 July 2015 to secure your space;
 - ✓ R1,500 (non- refundable) payable by 30 August 2015 and
 - ✓ R1, 500 (non-refundable) payable by 30 September 2015.
- The money must be deposited into the club's bank account and the details are as follows:
 - Bank: ABSA Bank
 - Account No: 9306179988
 - Account Type: Savings
 - Reference: [your name and surname]
- Email Proof of Payment to: khayisem@gmail.com / sikhusele@gmail.com

“WALALA WASALA”

VukaniCyclingClub